




# Morningside Register

A CONTINUING LIFE® RETIREMENT COMMUNITY

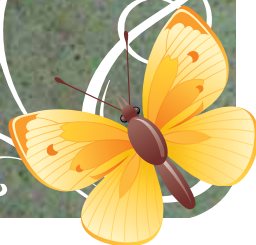
APRIL 2011

A NEWSLETTER FOR AND BY THE RESIDENTS AND PETS OF  
*Morningside of Fullerton, California*

VOLUME TWENTY  
ISSUE FOUR



How many  
April Fool pranks  
can you find in  
this issue?"



## Friends and Neighborhoods

**W**elcome to **Joan Carroll**, a delightful lady who comes to Morningside from Yorba Linda.

Joan was born and grew up in Indianapolis, Indiana. Her dad and his brother were identical twins, and lived near each other as adults.

Joan, her two sisters, and her two cousins were inseparable as children. Joan graduated from Indiana University in Bloomington, where she met her first husband. She earned her certificate to teach high school English, but the need was for elementary teachers. She accepted a



position to teach a third grade class and enjoyed it very much.

Her husband graduated from Medical School and interned at Long Beach Memorial Hospital. Their first home in California was in Garden Grove, where they took advantage of the GI Bill. Sadly, her husband became ill and passed away while in his 30s.

Joan continued to teach, and after 15 years became a high school counselor, a position she held for 21 years. Much of her career was spent in the Garden Grove school district. During this time she received her Master's Degree from California State University at Long Beach.

She enjoyed high school counseling and is thankful for all her teaching experience.

25 years ago she remarried and moved to Yorba Linda, where she lived in Eastlake Village. She became involved in The American Association of University Women, an organization which promotes advanced education for women. She held several offices, including president. She also is an active volunteer for the Fullerton Arboretum, the Child Guidance Center thrift shop, and the Music Associates of California State University Fullerton.

She is an avid bridge player and belongs to several bridge clubs. She plays poker and blackjack, and is looking forward to Morningside's next Casino Night. She has a great interest in miniature roses. She is also a golfer, and played at Alta Vista Country Club.

She and her husband enjoyed travel. One of the outstanding trips they took was a Mediterranean cruise, sandwiched between a tour of England and France and a tour of Italy. Other places they traveled were the Far East, the Caribbean and New England in the Fall.

Joan was invited to attend a meeting of the Indiana Alumni Association in Los Angeles. She was talking to a fellow alumnus who had received an award in business. He pulled out a news article from long ago to show her. She looked at it and exclaimed, "I wrote that article!"

She is happy to be meeting new people and taking advantage of opportunities at Morningside. She feels fortunate to be living at such a nice place.

By Virginia White

**W**elcome to our new neighbors, **Alan and Lila Segal**, a most remarkable pairing! Alan grew up in Montreal, Canada, one of five children. Lila was a second generation Californian, an only child. They met at a party in L.A. She was looking for a part-time job, he offered her one in his company, and she married the boss—Alan!

He loves baseball, basketball and hockey. Lila loves art, especially painting, playing the organ and dancing in the Huff & Puffs chorus line, entertaining at convalescent homes. She's currently making knitted scarves as well.

Despite (or perhaps because of) all their differences, Alan and



Lila celebrated their 60th wedding anniversary last year with their two daughters Helene and Gail and their families. The Segals stayed in southern California all sixty years, living in La Mirada, La Habra and Fullerton.

When he was just starting out, Alan would buy used furniture, give some of it to his father (who was in the furniture business), and sell the rest at auction. He had a truck and soon discovered that buyers at the auction often had no way to get their treasures home. They began to hire him to deliver their finds, but it was the IRS that got him into the trucking business! They reminded

## Friends and Neighbors

him that he needed a license to do all that delivering, so his trucking business was born. He built a fleet of ten trucks before moving on to his next career—insurance.

Insurance turned out to be Alan's favorite career. He spent 35 years in the business and was top salesman in his company many of those years.

Meanwhile, Lila went from working at her husband's business to raising their daughters and developing her artistic skills. Lila's earlier secretarial experience at the Good Samaritan Hospital paid off once the girls grew up and she began working for an optometrist in the La Habra Buffums.

Both Alan and Lila are cancer survivors. The cover of St. Jude Hospital's Coping magazine several years ago celebrated National Cancer Survivor Day by featuring a great picture of Alan planting a great big kiss on Lila's cheek, their daughter Helene's favorite picture of the two.

It was in Fullerton that the Segals met Morningside's Fitness Center Coordinator Steve Hernandez. For over ten years Alan and Lila exercised in various classes which Steve taught. They really enjoy having the classes so easily available now that they live in Morningside.

By Debbie Hancock

**W**e welcome **Jeanne Tesulov** who came to Morningside after living 35 years in Long Beach.

Also making the move was her affectionate black and white Papillon dog, Panda.

Jeanne was born in Morgantown, West Virginia where her newspaperman father owned

the Morgantown Post. Sick of the snow, he moved the family to Southern California. Jeanne attended Hollywood High where her chief interests were basketball and art. She learned how to referee basketball games and enjoyed going from school to school to carry out her assignments. Following high school, she enrolled at the University of Southern California, graduating with a degree in business. She met her first husband there and the couple had one daughter, Jill.

After the marriage ended Jeanne began learning about merchandising. She and another student were selected as most qualified to receive private training on Saturdays. She later worked as a buyer for the lingerie and robe department at the downtown May company. Tom May, who had been watching her progress, asked Jeanne to open the Wilshire store and still later to open the Crenshaw store. Then, changing to a different company she worked for several years at a knitting mill in Costa Mesa.

Jeanne met Dan Tesulov at a New Years Eve Party which she gave on Valentine's Day! (The party had been postponed from December 31 due to family illnesses.) A friend brought Dan to the party, warning Jeanne, "I want you to promise you won't fail in love with him!" Jeanne enjoyed talking to Dan and learned that he was born in Croatia and had escaped from the Nazis during World War II. He had traveled to America on a fishing boat! Fluent in five languages, he joined General Patton's Task Force.

Jeanne didn't expect to hear from Dan again. Surprisingly she received a call a few days later. He had copied her number from her

phone while they were at the party. The two married, forming a family that included her daughter and his son. Jeanne's time was filled with weekly visits to her parents in San Fernando and later many activities that go with being a grandmother.

They traveled to Croatia and located some of Dan's distant relatives. It was helpful that Jeanne had attended a class in Croatian before the trip.

Jeanne was widowed after



37 years of marriage. She always welcomes visits from her son Dan, who lives in Idaho and her daughter Jill, who lives nearby and from her four grandchildren.

Jeanne is an avid reader of both fiction and non-fiction. She enjoys listening to classical music and looks forward to attending concerts in this area.

Asked what she likes about Morningside, she answers "The people are wonderful! I also appreciate living in the same city as my daughter and being able to keep my dog with me."

By Vi Johnson

# My Garden in the Morning

By James D. "Jim" Young

Can it be this is morning already?  
It seems I just got into bed.  
I roll to the right, I roll to the left.  
I'm awake! Well, I'm glad I'm not dead.

What shall I do with my morning?  
Yes, it's off to my garden I'll go.  
To stroll 'mong the things I have planted.  
It's great to watch everything grow.

They look pretty good when I get there.  
Tho the weeds have invaded their space.  
The weeds always make things look shoddy  
So each morning I have them to face.



I crawl around under the bushes.  
I grab every weed I can see.  
I growl at the thorns I encounter,  
When they reach out and punch holes in me.

Don't get angry with weeds in your garden.  
Just pull them with uncontrolled glee.  
Play a game...like a war where you win  
And life will be better. You'll see.

It is great to get lost in your garden  
Pulling weeds, and just being alone,  
Picking flowers to share with your neighbors,  
Singing songs. Leave your cell-phone at home.

Turn your thoughts loose in your garden.  
Let them wander wherever they will.  
Pull the "weeds" that may clutter your thinking.  
You'll find peace—and to others, good will.

## April Fool's Day

By LeNelle Cittadin

How did the first day of April become designated as "April Fools' Day"? Spring is here, flowers are emerging from frozen ground, or, perhaps, already blooming, spring rains have come and all is right with nature. But, for some reason, or possibly many reasons, this day is considered the day of the fool. It is okay to play jokes on those who are friends, or others who just happen to be an unknowing subject of a joke.

The origin of April Fools' Day, or sometimes called All Fools' Day, is not definitely known. The earliest recorded association of foolishness and April 1 is found in Chaucer's *Canterbury Tales* (1392). The "Nun's Priest's Tale" is set "Syn March bigan thritty dayes and two." Interpretations of that date include "March 32", i.e. April 1. In Chaucer's tale the vain cock Chauntecleer is tricked by a fox.

The current thinking about the origin of "April Fool's Day" gives credit to the French under Charles IX in 1582. The Gregorian Calendar was introduced and New Year's Day was moved to January 1. Prior to that change, the new year began about April 1 and celebrations lasted from about March 25 to the first day of April. Communications were slow during this period and many areas of France did not learn about the change for several years. Some obstinate folks refused to accept the new date for the New Year and continued to celebrate on April 1. These backward folk were labeled as "fools" by the general populace and subjected to ridicule. They would be sent on "fools errands" or were made the butt of practical jokes.

This harassment evolved into a tradition of prank playing over time and then eventually spread to England and Scotland and, later, to the American Colonies. Eventually, "April Fool's Day" became an international fun fest, with different nationalities developing their own brand of humor at the expense of their friends and families. The history of the origin of "April Fool's Day" is somewhat vague but it has become a day of fun, with family and friends and has become an international fun fest. Look out! You may be the "April Fool!" In any event, it is a day of fun and tricks around the world.

# Marketing Team



*L-R Eric, Sharon, Judy, Connie, Pat, Sandy*

**Eric Jensen** has worked at Morningside since 2003, and came to us with a wealth of experience in the senior housing industry, as a Marketing Director for an Assisted Living community, and as a hospice counselor. Eric is a native Californian, and grew up in the California desert area as the youngest of four children, with his older siblings being girls. He lives in Costa Mesa with his wife, Kim, and two cats, Murphy and Cassidy. Eric is a graduate of Vanguard University. He probably knows the words and music to every popular tune recorded since the late '60s, and is a World War II history and aviation buff.

**Pat Ritchie** returned to Morningside in October, 2010, after a ten year hiatus during which she attended CSUF with the goal achieved of receiving her Senior Fitness certificate for low impact aerobics, and also a certificate to teach water aerobics. She is a native of Bar Harbor, Maine, and went to the Westbrook College for Women in Portland, Maine. The family moved to Fullerton in 1968, when her three children were young, and Pat became very active in community affairs and volunteering. She has been a licensed real estate professional for over 30 years, and remains an instructor for the Fullerton YMCA Monday morning swim class.

**Judy Stevens** was born and raised in the central valley of California. She married a Naval Officer and lived in Midway Island, New Jersey, and Spain. She has two children, a granddaughter and a white cat name Casper. After many years of volunteering for the Red Cross and Girl Scouts, Judy worked in a Skilled Nursing Facility as an Activities Director. From that time forward she has worked in senior housing. Her first love remains working one on one with seniors and helping them make the best decision about their future home. She came to Morningside after several years at our sister community, University Village, Thousand Oaks.

**Connie Hellyer** began her career at Morningside 20 years ago this month, and served as the Move-In Coordinator until 1997, when she became the Director of Marketing. She is married to Glenn, a commercial and residential real estate broker. Connie grew up in Bellingham, Washington, and attended the University of Oregon, where she studied piano. She is a licensed real estate broker and worked in subdivision sales for several years. She also spent a few years as a Marketing Manager for Disneyland. Connie and Glenn enjoy weekends spent with their three sons and their families, including three grandsons.

**Sharon Wright** was born and raised in Southern California, and is the youngest of six children. She lived on Catalina Island for a few years and worked at the Santa Catalina Island Company in Human Resources and Group Sales. There she learned to scuba dive and catch lobster with a pair of panty hose and a can of tuna. Most recently she worked in sales for Time Warner and Verizon, and also at Sunrise Senior Living as the Assisted Living Manager. She has three children, two sons ages 22 and 17, and a daughter who is 20. She has worked at Morningside for a little over a month and recently made her first sale.

**Sandy Soske** has worked at Morningside for a year, and is the Marketing Assistant. She has lived in Fullerton for the past 20 years. She is married to Kelly, a Toyota engineer. She has two sons, William (22 years old) who works part time at Morningside as a server in the Crystal Terrace, and Cody (19 years old) who works at Bagel Bistro in the Morningside Plaza. Sandy worked formerly as an inside sales and customer service team leader at a local company, where she built wonderful relationships with buyers from Boeing, Airbus, Learjet, Bombardier and numerous airlines, foreign and domestic. She continues to build relationships with current and future residents of Morningside.